

# PRINCESS ANNE ATHLETICS

*Fall Sports 2009*

## Varsity Football & Cheer

FOOTBALL COACH: RAY GATLIN  
CHEER COACH: JESSICA STAHLBOCK

Aug. 14	Bruton & Wilson (S)	@ PA, 6 pm
Aug. 21	B.T. Washington (S)	@ BTW, 5pm
Aug. 28	Ocean Lakes	@ Sportsplex, 7pm
Sept. 3	First Colonial	@ FCHS, 7pm
Sept. 11	Kellam	@ PA, 7pm
Sept. 17	Green Run	@ Sportsplex, 7pm
Sept. 25	Bayside	@ Sportsplex, 7pm
Oct. 2	Cox	@ Cox HS, 7pm
Oct. 9	Landstown	@ PA, 7pm
Oct. 23	Salem	@ Salem HS, 7pm
Oct. 30	Tallwood *Homecoming*	@ PA, 7pm
Nov. 6	Kempsville *Senior Night*	@ PA, 7pm

## GOLF

COACH HUTCH HAMMOND

Aug. 11	Kellam	@ Bow Creek, 2:30pm
Aug. 13	First Colonial	@ Kemps. Greens, 2:30pm
Aug. 18	Landstown	@ Stumpy Lake, 2:45pm
Aug. 20	Kempsville	@ Stumpy Lake, 2:30pm
Aug. 25	Bayside	@ VB National, 2:30pm
Aug. 27	Ocean Lakes	@ VB National, 2:30pm
Sept. 1	Tallwood	@ Stumpy Lake, 2:30pm
Sept. 3	Salem	@ Red Wing, 2:30pm
Sept. 8	Cox	@ Kemps. Greens, 2:45pm
Sept. 10	Green Run	@ Bow Creek, 2:30pm
Sept. 21	District Meet	@ VB National, 10am

## COMPETITIVE CHEER

COACH TERRI COPELAND & COACH NIKKI GLENN

Oct. 24	Cheer for the Cure @ PAHS, 2pm
Oct. 31	District Competition @ Tallwood HS, 10am

## Varsity & JV Field Hockey

Varsity Coach: DENISE O'CONNELL  
JV Coach: YUONNE MANIGO

JV BEGINS 20 MINUTES FOLLOWING THE VARSITY GAME

Sept. 22	Mountian View	@NTV, 8 AM
Sept. 26	Ocean Lakes	@Ocean Lakes
Sept. 10	Kempsville	@ PA, 3:45pm
Sept. 15	Bayside	@ NTC, 3:45pm
Sept. 22	Ocean Lakes	@ NTC, 3:45pm
Sept. 24	Tallwood	@ Tallwood HS, 3:45pm
Sept. 29	Landstown	@ PA, 3:45pm
Sept. 30	Maury	@ Powhatan Field
Oct. 1	Green Run	@ Green Run HS, 3:45pm
Oct. 6	Kellam	@ NTC, 3:45pm
Oct. 8	Cox	@ NTC, 3:45pm
Oct. 13	First Colonial	@ First Colonial HS, 3:45pm
Oct. 15	Salem *Seniors*	@ PA, 3:45pm
Oct. 27	District Tournament	@ NTC, 1:30 or 3:30pm

## Junior Varsity Football & Cheer

JV FOOTBALL COACH: ALEX RAYNER  
JV CHEER COACH: SCOTTI SMITH

Sept. 10	First Colonial	@ FCHS, 6:30pm
Sept. 16	Tallwood	@ Tallwood HS, 6:30pm
Sept. 24	Green Run	@ PA, 6:30pm
Oct. 1	Ocean Lakes	@ PA, 6:30pm
Oct. 8	Kempsville	@ Kempsville, 6:30pm
Oct. 15	Salem	@ Salem HS, 6:30pm
Oct. 22	Cox	@ PA, 6:30pm

## Volleyball

GIRLS COACH: CRAIG DOOREN & KATHY CARLSON  
BOYS COACH: JEFF KINSER  
SECOND GAME STARTS 20 MINUTES FOLLOWING FIRST

Aug. 15	Tri-scrimmage (Girls)	@ OLHS
Aug. 21	FC & Atlee (Boys scrim.)	@ PA, 4:30pm
Aug. 26	OLHS (Girls)	@ OLHS 6 pm
Sept.4-5	Richmond Showcase	Richmond
Sept. 8	Kellam	@ PA, 4:30pm
Sept. 9	Great Bridge	@ Great Bridge 6PM
Sept. 10	Cox	@ PA, 4:30pm
Sept. 14	Cape Henry	@ Cape Henry, 4:30pm
Sept. 16	Ocean Lakes	@ OLHS, 4:30pm
Sept. 22	Landstown	@ PA, 4:30pm
Sept. 24	Green Run	@ PA, 4:30pm
Sept. 29	First Colonial	@ FCHS, 4:30pm
Oct. 1	Kempsville	@ PA, 4:30pm
Oct. 6	Salem	@ Salem HS, 4:30pm
Oct. 8	Kellam	@ Kellam HS, 4:30pm
Oct. 13	Tallwood	@ PA, 4:30pm
Oct. 15	Bayside	@ PA, 4:30pm
Oct. 20	Landstown	@ Landstown, 4:30pm
Oct. 22	Ocean Lakes *Seniors*	@ PA, 4:30pm
Oct. 29	Cox	@ Cox HS, 4:30pm

## Cross Country

BOYS COACH: JOE PANCHIK  
GIRLS COACH: KEVIN RHUE  
ALL MEETS HELD AT SPORTSPLEX

Sept. 9	Kellam, Landstown & Kempsville	@4:05pm
Sept. 16	Ocean Lakes, Bayside & Cox	@ 4:05pm
Sept. 23	Tallwood, First Colonial & Cox	@ 3:30pm
Sept. 30	Green Run & Salem	@ 4:40pm
Oct. 7	Green Run, Kempsville & Cox	@ 4:05pm
Oct. 21	District Meet	@ 3:30pm

